

Rising Stars Invitational

Levels 4-10

North St. Paul High School

2416 East 11th Ave, North St. Paul, MN 55109

Saturday, February 20th

Session #1

LEVEL 4/5

Teams

8:00-8:20

Open Stretch, bar setting

All Level 4 and Level 5: *Dynamics,

8:20-8:35

1st event warm-up (side A)

Eau Claire, *Midwest, MN Valley,

8:35-8:40

Teams Introduction

Northern Flights, *Rising Stars (3

8:40-12:00

Competition

groups), Roseville, Spirit, TGA

12:05

Awards

Session #2

LEVEL 6/7

Teams

12:30-12:50

Open Stretch, bar setting

All Level 6: Eau Claire, Midwest

12:50-1:05

1st event warm-up (side A)

Northern Flights, Rising Stars, TGA

1:05-1:10

Teams Introduction

1:10-3:40

Competition

Level 7: *Grand Rapids, Hudson,

3:45

Awards

*Midwest, MN Aerials, Mini-Hops,
North Crest, North Shore, TGA

Session #3

LEVEL 7

Teams

4:30-4:50

Open Stretch, bar setting

Deutsch's, Hastings, Hudson,

4:50-5:05

1st event warm-up (side A)

Madtown Twisters, MN Valley,

5:05-5:10

Teams Introduction

Northern Flights, Rising Stars,

5:10-8:00

Competition

Roseville, Spirit, TAGS EP, TCT

8:05

Awards

* Team split into two groups

Rising Stars Invitational

Levels 4-10

North St. Paul High School

2416 East 11th Ave, North St. Paul, MN 55109

Sunday, February 21st

Session #4

LEVEL 8

Teams

8:30-8:50

Open Stretch, bar setting

All Level 8: Deutsch's, Gleason's E,

8:50-9:10

1st event warm-up (side A)

Grand Rapids, Madtown Twisters,

9:10-9:15

Teams Introduction

Midwest, MN Aerials, MN Valley,

9:15-12:15

Competition

Mini-Hops, North Crest, North Shore,

12:20

Awards

Northern Flights, Rising Stars,

Roseville, Spirit, TAGS EP, *TCT,

TGA

Session #5

LEVEL 9/10

Teams

1:00-1:20

Open Stretch, bar setting

All Level 9 and 10: Deutsch's,

1:20-1:40

1st event warm-up (side A)

Gleason's E, Madtown Twisters,

1:40-1:45

Teams Introduction

*Midwest, MN Aerials, MN Valley,

1:45-4:15

Competition

Mini-Hops, North Crest, *North

4:20

Awards

Shore, *Rising Stars, Spirit,

TAGS EP, TGA

* Team split into two groups